Preparation of dried kofta formula from small size shrimp meat

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ABSTRACT

The purpose of this study was to utilize small size shrimp meat for new products characterized with high nutritional value and easy preparation, beside added value for small size shrimp. Small size shrimp meat was and used three formulas, formula1 (F1 = dried shrimp meat 45% dried potato 35%), formula2 (F2 = dried shrimp meat 50% and dried potato 30%) and formula3 (F3 = dried shrimp meat 55% and dried potato 25%). Other ingredients were added to all formulas with the same percentage. The products were analyzed for gross composition, cholesterol content, water holding capacity (WHC), plasticity, rehydration ratio, cooking loss, water activity, thiobarbituric acid (TBA), total volatile nitrogen (TVN) and sensory evaluation were analyzed. The obtained results showed that F1 was the highest content of moisture and carbohydrates followed by F2 and F3. While, F3 was the highest content of protein, fat and ash followed F2 and F1, respectively. F3 was the highest level of cholesterol followed by F2 and F1, where recorded 45.125, 40.61 and 29.81 (mg/ 100g), respectively. All formulas F1, F2 and F3 were accepted for TBA and TVN. F3 was the best value of WHC, plasticity, cooking loss, rehydration ratio, water activity and total bacteria count (as quality properties) followed by F2 and F1. All samples were accepted by sensory evaluation. Where the results showed that the formula F3 was the highest significantly in score of taste and odor, followed by F2 and F1. Meanwhile, non significant differences of Sensory evaluation score of color, texture and overall acceptability between all formulas (F3, F2 and F1).

Key wards: dried meat, dried shrimp meat, dried kofta and shrimp meat kofta.
Introduction

The modern technology in different fields gives chance for the meat processors to produce new products in different shapes, easily handled, stored and rapidly used. The need for meat products have many tasks includes new flavor, preservation and of low calories. The quality of raw material as well as the additives used in the final products is very important for public health (Pearson and Gillette, 1996 and Edris et al, 2012).

The shrimp is an excellent source of high quality proteins which are superior to those in meat and poultry. Biochemical assays and nutrients play a vital role in physical growth, development, maintenance of normal body function of physical activity and health, also it is excellent sources of essential High- Unsaturated Fatty Acids (HUFA) such as eicosapentaenoic (20: 5n3, EPA) and docosahexaenoic (22: 6n3, DHA) acids (Feliz et al., 2002; Yanar and Celik, 2006). Besides, it is a good source of minerals and vitamins such as calcium, iron, zinc, copper, vitamin B$_{12}$ and essential amino acids and shrimp is one of the most popular species as it is a part of almost every nation’s traditional meal rich in protein and minerals (Dong, 2001; Yanar and Celik, 2005; Yanar and Celik, 2006).

Shrimps and shrimp products are one of the most economically important products. To increase the variety of shrimp products, value added products should be considered. However, the use of small shrimps or broken shrimp meat for new products is still limited. The Ready-to eat meat products are a high risk food group. Minced meat undergo oxidative changes and develop rancidity more quickly than intact muscle since grinding exposes more of the muscle surface to air and microbial contamination (Mitumoto et al., 2005).

Dry-cured meat products constitute one of the most representative traditional foods that have been produced and consumed throughout history by a diversity of cultures in different areas of the world.
These meat products, which have a wide variety of flavors and textures, represent an important part of local economies, particular cultures and gastronomic heritages. Dried meat products are stable at room temperature and are produced in nearly every country in the world, especially in developing countries where refrigeration is limited, such products use low cost source of energy for drying. These products are interest since they do not require refrigeration during marketing and storage and no noticeable changes in protein and fat content was observed during storage (Change, et al., 1996) and (Talib, et al., 2006). The development of new food products, it’s through the discovery of new food products characterized by preparation speed and long shelf life. Today, there is an important trend to enrich our sensory perceptions and many consumers and meat industries around the world are getting more and more interested in dry-cured meat products (Fidel, 2006).

Technological developments in meat processing, preservation and handling have give consumers a much greater choice over the foods they can buy. Consequently, consumers have become more selective and more considered about the quality of the product, which became a more significant factor in marketing meat products (Eman, 2009).

The goal of this study is prepare dried kofta from dried small size shrimp meat as a new product of small shrimp meat with high nutrition value and healthy and value added to small size shrimp. Characterized was the length of preservation, ease in handling, speed in preparing and processing. The study was on the composition and nutrient value of these product, chemical and physical quality attributes and the sensory properties.

Materials & Methods

Materials
Small size shrimp (Penaeus semisulactus) was obtained local market at Giza, Egypt.

**Methods**

**Drying the small size shrimp meat**

Small size Shrimp were good washed and peeled for extract the meat only and minced all the extract meat together, the minced extract meat were placed as a thin layer on drying trays, the trays were placed in oven dryer (provided with a fan and thermostatically controlled electrical heater) and dried at 45°C for 48 h then left it to cool at room temperature, the dried meat shrimp were ground to fine powder and packed in polyethylene bags Galhom (2002).

**Drying the potato**

Potato were peeled, good washed, cut as chips shape then soaked for 30 minute in 1% citric acid solution, after that the potato was drained on sieve and left it for 15 minute, then placed it as thin layer on drying trays, then the drying trays were placed in oven dryer (provided with a fan and thermostatically controlled electrical heater) and dried at 45°C for 10 h then left it to cool at room temperature, then ground to fine powder and packed in polyethylene bags.

**Different formulas of dried kofta from small size shrimp meat**

Dried shrimp meat, dried potato and dried onion and the rest ingredients (spices and salt) were mixed together as table (1) and packed in polyethylene bags until use.
Preparation of dried kofta from small size shrimp meat

To prepare the dried kofta from small size shrimp for consumption, 100g from each blend as table (1) was mixed with 100 ml of water and one whipped whole egg and homogenized. Then formed into finger shape and coated with fine rusk then fried in edible oil.

Chemical analyses:

Chemical composition (moisture, protein, fat and ash) was determined according to A.O.A.C. (2000). Total carbohydrate was calculated by the difference as follows: Total carbohydrate = 100 – (moisture + protein + fat + ash). Cholesterol was determined according to the methods of Katsanidis and Addis, (1999). Caloric value determinate (Kcal) were calculated using method of Watt and Mersil (1975).

Chemical quality attributes:

Total volatile nitrogen (TVN) was determined according to the method published by Winton and Winton (1958). the pH value was determined according to Aitken, et al., (1962). Thiobarbituric acid (TBA) value was determined as described by Egan et al., (1981).

Physical properties:

Water Holding Capacity (WHC) and plasticity were measured during storage period according to the filter press method of Soloviev (1966). The cooking loss was determined according to Mahmoud (2008). The water activity of the dried samples mixtures were measured using Rotronic Hygrolab 3CH-8303, Switzerland as mentioned by Cadden (1988). Rehydration ratio was performed according to the methods of Krokida and Marinos-Kouris (2003).

Sensory evaluation:

Sensory evaluation of kofta from small size shrimp meat was carried out according to Watts et al. (1989).

Statistical analysis:

Data were subjected to Analysis of Variance (ANOVA). Means comparison was
performed using Duncan’s test at the 5% level of probability as reported by Snedecor and Cochran (1994).

**Results & discussion**

The results presented in table (2) pointed the chemical composition of small size shrimp meat before and after drying, these results indicated that as is typical of most sea foods, the fresh shrimp was 78.35% moisture. This result compares well with 80.5% and 77.2% reported in earlier studies for black tiger shrimp and white shrimp, respectively (Sriket et al, 2007 and Akonor et al, 2016). After drying, moisture was reduced to about 7.85%, which is less than the specified moisture for dried shrimps (Tapaneyasin et al, 2005). Low moisture content in dried shrimp meat is encouraged to safeguard the product from microbial attack and enzymatic action and therefore prevent spoilage.

According to (Egyptian Organization Standardization E.O.S, 1993) dried shrimp meat should not be containing moisture more than 8.0%. It is clear that this level not exceeded this amount in this study. Protein was the second most abundant component of the shrimp meat, and this made up about 17.85% of fresh meat (Table 2). After drying, protein was increased to about 70.65%. The high protein content of dried shrimp meat makes it a good source of amino acids for human diets as reported by Akonor et al, (2016). Fat content of fresh shrimp meat was 1.74% as table (2), this near of the results obtained by Takama et al, (1999) and Sriket et al, (2007). After drying fat content increased to 11.20 %, this may be due to the loss of moisture content by evaporation and concentrated other compounds. Ash represents the total mineral content in food and is essential in maintaining several bodily functions. Shrimp meat was found to contain appreciable amounts of ash, in the present study, ash content of fresh shrimp meat was 1.82 increased to 9.30% in dried shrimp meat after drying this may be due to moisture loss and concentration of chemical components. This
makes shrimp meat a good source of minerals in the diet.

The data in table (3) showed chemical composition of the processed formulas of dried kofta from dried small size shrimp meat. There was some variation in moisture, protein, ash, fat and carbohydrate content, this may be due to the variation in type and level of dried small size shrimp meat and potato powder used. F3 has the highest level of protein contain (19.18%), fat (7.22%) and ash (5.95%) and the lowest level of moisture and carbohydrate content followed by F2 and F1 respectively this may be due to F3 had the highest level of dried small size shrimp meat (55%) followed by F2 (50%) and F1 (45%), respectively. Similar results are reported by El-Sherif and Ibrahim, (2012), where found that kofta from carp meat contained moisture (58.64%), protein (13.25%), fat (8.85%), ash (3.30%) and carbohydrate (15.96%). Similar results are reported by Mostafa et al. (2002), Levent et al. (2011).

Results presented in table (3) showed that F3 recorded the highest level of caloric value followed by F2 and F1 respectively; this may be due to level of dried small size shrimp meat and potato powder used as table (1). Where, F3 had the highest content of protein and fat and the lowest content of carbohydrate followed by F2 and F1, respectively.

Regarding to table (3) showed the cholesterol content of the processed formulas of dried kofta from dried small size shrimp meat, it could be concluded that F3 was the highest level of cholesterol content followed by F2 and F1, where recorded 45.125, 40.61 and 34.81 (mg/ 100g) respectively. This results confirmed with the obtained results by Shahin et al( 2016), where found that the cholesterol content in different formulas of fish burger from small size shrimp and carp fish meat ranged 18.52 to 43.39 (mg/ 100g) . This may be due to the cholesterol content of fresh shrimp meat was higher (173 mg/ 100g), while the cholesterol
absent in potato according to Syama et al. (2013).

Cholesterol level increased with increasing the Add proportion of dried small size shrimp meat and reducing the Add proportion of potato powder in formulas of the kofta, so F1 was the lowest level of cholesterol followed by F2 and F3 respectively. Fresh and clean shrimps can be served either cooked or uncooked with sauce. From a nutritional standpoint, shrimps are high in protein, low in saturated fat and calories, and have a neutral flavor. Due to these characteristics, shrimps form a natural additive in salads, pastas, curry, soups and stir-fried dishes. Shrimps have also been identified as a rich source of vitamin B12, selenium, ω-3 highly unsaturated fatty acids (HUFA) and natural antioxidant (Feliz et al., 2002 and Venugopal., 2008). Despite the several nutritional parameters of shrimp based on which it can be considered as a healthy food, there is reluctance among dieticians and health professionals as well as consumers because of its relatively higher cholesterol. A clinical study showed that moderate shrimp consumption in normolipidemic subjects will not adversely affect the overall lipoprotein profile and can be included in ‘heart healthy’ nutritional guidelines (Syama et al., 2013). Therefore, this work was conducted to production new shrimp products included on nutritive value of shrimp meat and reducing the risk of consumption of level cholesterol in shrimp meat.

The data in table (4) indicated that F3 contained the highest level of TV N (32.7 mg/100mg) followed by F2 and F1 that gave (32.15 mg/100mg) and (30.25 mg/100mg) , respectively , this may be due to protein content was higher in F3 compared with F2 and F1, respectively as indicated in table (3), because there are direct relationship between protein content and TVN, during drying period , microbial and enzyme active led to disintegration protein components so with increasing protein content in sample increase level TVN. Similar results are reported by
Galhom (2002), where, found that TVN of kofta prepared from dried bolti and keshr bayed fish was 40.4 and 40.1 mg/100mg, respectively.

According to E.O.S. (1993), TVN level in dried shrimp should not exceed be more than 65 mg/100mg (w.w.). Generally, TVN levels in all formulas were lower than the allowable limit.

At the same table (4), the data showed that F3 recorded the highest value of pH followed by F2 and F1. This is confirmed by the higher TVN content of F3 than formulas F2 and F1 as there is direct relationship between TVN content and pH value (Sanchez-Alonso et al., 2007).

From data presented in table (4), it could be noticed F1 recorded the lowest value of TBA followed by F2 and F3. This is confirmed by the higher Fat content of F3 than formulas F2 and F1 as there is direct relationship between TBA content and Fat content as table (2). During drying period, microbial and enzyme active oxidation processing led to disintegration fat, so may be with increasing fat content in sample increase level TBA.

From results presented in table (5) showed the Water Holding capacity after processing the different formulas from dried kofta shrimp meat. It could be noticed that, F1 samples recorded the highest area of Water Holding capacity (the worst as quality attributes) and followed by formula F2 and F3, respectively, so maybe there is positive relationship between water holding capacity and protein content (table 2), it is known that protein works as a binder, where there is positive relationship between protein and water holding capacity. This confirmed with the obtained results by Mahmoud (2008) and Shahin et al (2016).

From the obtained data presented in the same Table (5) showed plasticity after processing the different formulas from dried kofta shrimp meat, plasticity (as indicator for texture) was completely affected by the level of WHC, therefore, plasticity of F1 (less WHC as quality
attributes) was lower than that of f2 and f3, respectively.

From the obtained data presented in Table (5) showed cooking loss the after processing and cooking different formulas from dried kofta shrimp meat, it could be noticed that, cooking loss of F1 was higher (as number, but the worst as quality attributes) followed by formula F2 and F3, respectively, this was also in accordance reverse with the levels of WHC, indicating that the better WHC (as quality attributes) the lower the cooking loss was found.

Rehydration refers to the process of moistening a dried product and is an indicator of quality criterion in most dried foods. It is an indicator of cellular and structural disintegration that occurs during dehydration (Rastog et al., 2000). The rehydration capacity was used as a quality characteristic of the dried product expresses in the rehydration rate (Velić et al., 2004). The rehydration properties, rehydration rate, and rehydration capacity are important characteristics of many products, related to their later preparation for consumption (Jokić et al., 2009). When the dried foods are reconstituted, it must show acceptable textural, visual, and sensory characteristics, while the rehydration time is minimized (García-Pascual et al., 2006). The results in our study pointed that F3 had the highest value of Rehydration ratio when compared with F2 and F1. This may be due to F3 had the lowest content of moisture compared with F2 and F1 as table (3). This results similar with earlier studies for Taiwo et al., (2002) and Krokida and Marinos-Kouris, (2003) and Akonor et al., (2016), where found that rehydration ratio of dried shrimp meat by different drying methods (air-oven dryer and a tunnel solar dryer) ranged between 1 to 1.95.

Water activity is one of the most important tests for dried foods due to its relation to the shelf life of these dried products, which affects the activity of enzymes and microorganisms, Where the water activity required for
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The data in table (5) showed water activity of different formulas of dried kofta from small size shrimp, the obtained data indicated that the water activity for all formulas were 0.465, 0.483 and 0.458 to F1, F2 and F1, respectively, it's clear that different formulas of dried kofta is sufficiently dried to minimize microbial growth.

From the same table (5) total bacteria count of the processed formulas were F1 relatively higher (8×10^3 cfu/g) than F2 and F3 which gave 5×10^3 and 2×10^3 (cfu/g), respectively. This may be due to F1 was higher of moisture content and water activity when compared with F2 and F3, respectively, this allowed to slightly faster bacterial growth in F1 compared with F2 and F3, respectively.

According to E.O.S. (1993), Total bacteria count (TBC) in dried shrimp meat should not exceed be more than 1×10^6 (cfu/g). Generally, it's clear that Total bacteria count (TBC) in all formulas were lower than the allowable limit.

The average of total score of Sensory evaluation for (color, taste, odor, texture and overall acceptability) was evaluated by the panelists in Table (6). Sensory evaluation was after processing and cooking different formulas from dried kofta shrimp meat. The results showed that the formula (F3) was the highest significantly in score of taste and odor, where gave 7.85 and 7.90 as average of total score for taste and odor, respectively, followed by F2 and F1 which recorded (7.70 and 7.75) and (7.40 and 7.45) as total score, respectively. Meanwhile, non significant differences of Sensory evaluation score of color, texture and overall acceptability between all formulas (F3, F2 and F1).

**Conclusion:**
The results indicated that all processed formulas of dried kofta from dried small size shrimp meat were accepted for TVN, TBA, total bacteria count, color, taste, aroma, texture and
overall acceptability and reducing the risk of consumption of high level cholesterol in shrimp meat if it was consumed alone. It can be utilize from small size shrimp meat to produce dried kofta as a new product characterized with high nutritive value and healthy and value added to small size shrimp. This product characterized by the length of preservation, ease in handling, speed in preparing and processing.

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Table (1): Composition of different formulas from dried kofta from small size shrimp

<table>
<thead>
<tr>
<th>Ingredients %</th>
<th>F1</th>
<th>F2</th>
<th>F3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dried shrimp meat</td>
<td>45</td>
<td>50</td>
<td>55</td>
</tr>
<tr>
<td>Dried potato</td>
<td>35</td>
<td>30</td>
<td>25</td>
</tr>
<tr>
<td>Dried onion</td>
<td>10</td>
<td>10</td>
<td>10</td>
</tr>
<tr>
<td>Black pepper</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Red pepper</td>
<td>0.6</td>
<td>0.6</td>
<td>0.6</td>
</tr>
<tr>
<td>Cinnamon</td>
<td>1.0</td>
<td>1.0</td>
<td>1.0</td>
</tr>
<tr>
<td>Cumin</td>
<td>2.1</td>
<td>2.1</td>
<td>2.1</td>
</tr>
<tr>
<td>Cardamom</td>
<td>0.3</td>
<td>0.3</td>
<td>0.3</td>
</tr>
<tr>
<td>Nutmeg</td>
<td>0.3</td>
<td>0.3</td>
<td>0.3</td>
</tr>
<tr>
<td>Peppermint</td>
<td>0.3</td>
<td>0.3</td>
<td>0.3</td>
</tr>
<tr>
<td>Clove</td>
<td>0.5</td>
<td>0.5</td>
<td>0.5</td>
</tr>
<tr>
<td>Cubibe</td>
<td>0.6</td>
<td>0.6</td>
<td>0.6</td>
</tr>
<tr>
<td>Curry</td>
<td>0.3</td>
<td>0.3</td>
<td>0.3</td>
</tr>
<tr>
<td>Salt</td>
<td>3.0</td>
<td>3.0</td>
<td>3.0</td>
</tr>
</tbody>
</table>

Table (2): Chemical composition of fresh and dried small size shrimp meat (% on wet weight basis)

<table>
<thead>
<tr>
<th>Type of shrimp item</th>
<th>Fresh shrimp meat</th>
<th>Dried shrimp meat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moisture content %</td>
<td>78.35</td>
<td>7.85</td>
</tr>
<tr>
<td>Protein content %</td>
<td>17.85</td>
<td>70.65</td>
</tr>
<tr>
<td>Fat content %</td>
<td>1.88</td>
<td>11.20</td>
</tr>
<tr>
<td>Ash content</td>
<td>1.92</td>
<td>9.30</td>
</tr>
</tbody>
</table>
Table (3): Chemical composition of the processed formulas from dried kofta shrimp meat (% on wet weight basis)

<table>
<thead>
<tr>
<th>Item</th>
<th>Formulas</th>
<th>F1</th>
<th>F2</th>
<th>F3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moisture content %</td>
<td></td>
<td>53.70</td>
<td>52.92</td>
<td>52.39</td>
</tr>
<tr>
<td>Protein %</td>
<td></td>
<td>18.12</td>
<td>18.62</td>
<td>19.18</td>
</tr>
<tr>
<td>Fat %</td>
<td></td>
<td>6.12</td>
<td>6.64</td>
<td>7.22</td>
</tr>
<tr>
<td>Ash %</td>
<td></td>
<td>5.15</td>
<td>5.51</td>
<td>5.95</td>
</tr>
<tr>
<td>Carbohydrates %</td>
<td></td>
<td>16.91</td>
<td>16.31</td>
<td>15.26</td>
</tr>
<tr>
<td>Caloric value (kcal/100g)</td>
<td></td>
<td>195.20</td>
<td>199.48</td>
<td>202.74</td>
</tr>
<tr>
<td>Cholesterol content (mg/100g)</td>
<td></td>
<td>34.81</td>
<td>40.61</td>
<td>45.13</td>
</tr>
</tbody>
</table>

Table (4): Chemical quality attributes of the processed formulas from dried kofta shrimp meat

<table>
<thead>
<tr>
<th>Item</th>
<th>Formulas</th>
<th>F1</th>
<th>F2</th>
<th>F3</th>
</tr>
</thead>
<tbody>
<tr>
<td>TVN (mg/100mg)</td>
<td></td>
<td>30.25</td>
<td>32.15</td>
<td>32.70</td>
</tr>
<tr>
<td>pH</td>
<td></td>
<td>8.1</td>
<td>8.13</td>
<td>8.15</td>
</tr>
<tr>
<td>TBA (mg malonaldehyde/kg)</td>
<td></td>
<td>0.42</td>
<td>0.48</td>
<td>0.55</td>
</tr>
</tbody>
</table>

TVN = Total volatile nitrogen.
TBA = Thiobarbituric acid.
Table (5): Physical properties of the processed formulas from dried kofta shrimp meat.

<table>
<thead>
<tr>
<th>Formulas</th>
<th>Item</th>
<th>F1</th>
<th>F2</th>
<th>F3</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Water holding capacity (Cm²/0.3 gm)</td>
<td>1.65</td>
<td>1.54</td>
<td>1.35</td>
</tr>
<tr>
<td></td>
<td>Plasticity (Cm²/0.3 gm)</td>
<td>2.9</td>
<td>3.1</td>
<td>3.15</td>
</tr>
<tr>
<td></td>
<td>Cooking loss %</td>
<td>14.55</td>
<td>13.35</td>
<td>12.75</td>
</tr>
<tr>
<td></td>
<td>Rehydration ratio</td>
<td>1.55</td>
<td>1.78</td>
<td>1.93</td>
</tr>
<tr>
<td></td>
<td>Water activity</td>
<td>0.495</td>
<td>0.483</td>
<td>0.458</td>
</tr>
<tr>
<td></td>
<td>Total bacteria count TBC (cfu/g)</td>
<td>$8 \times 10^3$</td>
<td>$5 \times 10^3$</td>
<td>$2 \times 10^3$</td>
</tr>
</tbody>
</table>

Table (6): Sensory evaluation of the processed formulas from dried kofta shrimp meat

<table>
<thead>
<tr>
<th></th>
<th>F1</th>
<th>F2</th>
<th>F3</th>
<th>LSD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Color</td>
<td>8.0 ±0.25</td>
<td>8.0 ±0.20</td>
<td>8.0 ±0.20</td>
<td>0.425</td>
</tr>
<tr>
<td>Taste</td>
<td>7.4 ±0.20</td>
<td>7.70 ±0.20</td>
<td>7.85 ±0.20</td>
<td>0.3995</td>
</tr>
<tr>
<td>Odor</td>
<td>7.45 ±0.15</td>
<td>7.75 ±0.18</td>
<td>7.9 ±0.20</td>
<td>0.03553</td>
</tr>
<tr>
<td>Texture</td>
<td>7.40 ±0.18</td>
<td>7.45 ±0.15</td>
<td>7.55 ±0.15</td>
<td>0.03209</td>
</tr>
<tr>
<td>Overall acceptability</td>
<td>7.587 ±0.21</td>
<td>7.725 ±0.19</td>
<td>7.525 ±0.19</td>
<td>0.3937</td>
</tr>
</tbody>
</table>

The letter a, b, c, d, e and f means within a row followed by the same letter are non-significantly different ($P \leq 0.05$).
Preparation of dried kofta formula from small size shrimp meat
Mahmoud FSAK; Shahin MFSA and Badawy M Darwesh

Bull etin of the National Nutrition Institute of the Arab Republic of Egypt. December 2017(50) 199

إعداد خلطات كفتة مجففة من لحم الجمبري صغير الحجم
محمود فرحات سيد عواد قدوس - محمود فخر الدين سعد - بدوى محمد درويش
قسم بحوث تكنولوجيا اللحوم والأسماك - معهد بحوث تكنولوجيا الأغذية - مركز البحوث الزراعية - جيزة - مصر

الملخص العربي
تهدف هذه الدراسة إلى الاستفادة من لحم الجمبري صغير الحجم في إنتاج منتجات جديدة تتميز بقيمة غذائية عالية وسهولة الإعداد، إلى جانب القيمة المضافة للجمبري صغير الحجم. تم تجفيف لحم الجمبري صغير الحجم (عند 45 درجة مئوية لمدة 48 ساعة). تم تحضير ثلاثة خلطات مختلفة من الكفتة المجففة من لحم الجمبري الصغير الحجم. الخلطة 1 = اللحم المجفف من الجمبري الصغير الحجم 45٪ والبطاطس المجففة 35٪، الخلطة 2 = اللحم المجفف من الجمبري الصغير الحجم 50٪ والبطاطس المجففة 50٪، الخلطة 3 = اللحم المجفف من الجمبري الصغير الحجم 55٪ والبطاطس المجففة بنسبة 62٪. وُضعت المكونات الأخرى في جميع الخلطات بنفس النسبة المئوية. تم تقدير كلا من التركيب الكيميائي، محتوى الكوليسترول، القدرة على امتصاص الماء، البلاستيكية، نسبة إعادة التشرب، فقدان الطهي، نشاط البروتين، حمض الثيوباربيتوريك أسد، النتروجين الكلي المتضاعف، والعدد البكتيري (كخصائص الجودة) م بحيطة سجلت 45.125، 40.61 و 29.81٪ (ملليجرام/100 جرام) على التوالي. كانت جميع الخلطات F1، F2 و F3 مقبولة من حيث مستوى حمض الثيوباربيتوريك أسد، النتروجين الكلي المتضاعف، فقدان الطهي، وقوة امتصاص الماء. ومع ذلك، كانت F3 أفضل قيمة في كل من تقييم الجودة البلاستيكية، نسبة إعادة التشرب، فقدان الطهي، نشاط البروتين، حمض الثيوباربيتوريك أسد، النتروجين الكلي المتضاعف، والعدد البكتيري (كخصائص الجودة). حيث أظهرت النتائج أن الخلطة F3 كانت الأعلى معنويًا في درجة الطعم والرائحة، تليها F2 و F1. وفي الوقت نفسه، فإن الاختلافات غير معنوية في درجات التقييم الحسية للون والقوام والقبول العام بين جميع الخلطات (F1 و F2 و F3).

الكلمات المفتاحية: لحم الجمبري المجفف - الخليّة المجففة - كفتة الجمبري المجفف